



## What Is Autism

Autism spectrum disorder (ASD) is defined as a neurobiological developmental condition that can impact communication, sensory processing, and social interactions. Although recent research has advanced the understanding of autism, there is much more to learn about the factors that influence this neuro type.

Autism is a developmental disability that typically involves delays and impairment in social skills, language, and behaviour. Autism is a spectrum disorder, meaning that it affects people differently. Some children may have speech, whereas others may have little or no speech.

Autism is a very broad spectrum. In profound cases, young children may not interact with others or treat people as objects. In milder cases, it involves difficulty in understanding and relating to others and difficulty understanding others perspectives and emotions.

Without appropriate support, children will not develop effective social skills and may speak or behave in ways that create challenges. Very few individuals recover completely from autism without any intervention. It is important to understand that autism is a label for people who have a certain set of symptoms (impairments in social skills, language, and behaviour). The label of autism does not explain the cause of autism, and it is likely that multiple factors can contribute to the symptoms of autism.

### **References:**

<https://www.autism.org/advice-for-parents/>

<https://www.medicalnewstoday.com/articles/what-is-the-latest-research-on-autism>